



# VAWG WORKSHOP Impact Report Summary

Kent Opera is a charity that aims to transform lives through music and drama. In response to concerning societal issues its work of late has been to utilise its funding to deliver a series of educational workshops to young people. In addition to the direct impact of these session a real life story is obtained from each that is then dramatised into a short film which is then used as an educational piece to spread the message futher.

**With at least 1 in 12 women a victim, the focus of 2025 is Violence against Women and Girls.**

Over the spring term of this year 12 identical workshop were delvired to 12 diiferent students at Shirley High School in East Croydon. Each 90 minute session included an overview of VAWG and sexual consent and real-life scenario discussions providing a safe, supportive space to explore critical topics such as healthy relationships, personal boundaries, and mutual respect.

**The programme enagaged with a total of 144 young girls between 12-16 year old.**

Data and feedback was captured at the end of each session. Several real life stories were also discussed.

## Participant Outcomes

### SOUGHT

**Increase awareness** of VAWG and the importance of consent

**Empower participants** with tools to identify unhealthy behaviour

Encourage **critical thinking** around peer pressure, social media, and boundaries

Build the foundation for long-term respectful **relationship education**

### ACHIEVED

94% felt more confident in understanding consent

96% reported they were more aware of what VAWG includes

92% felt better equipped to speak up or seek help

91% said the session should be repeated with other year groups

In addition to the impact above, the dramatisation and filming of the stories obtained will have further reach.

I used to think consent was just about saying yes or no. Now I know it's about feeling comfortable, not pressured.

We don't usually talk about this stuff in school. It was good to know what's okay and what's not in relationships.

The scenarios helped me understand that it's okay to change your mind and that my feelings matter.

Amazing presentation, it was very insightful to the issues against woman and how it can be prevented.